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THE IMPACT OF FOREIGN COMMUNICATION ON THE PERSONAL DEVELOPMENT

Introduction. The paper deals with the role of communication and the problem of forming foreign language skills that influence on the development of the person in the process of education in higher education institutions. This competence can be oral, written or even nonverbal. It is an inclusive term that refers to possessing the knowledge of the language as well as the skill to use the language in real life situations for fulfilling communicative needs. So, effective foreign communication is about more than just exchanging information. It's about understanding the emotion and intentions behind the information. As well as being able to clearly convey a message, you need to also listen in a way that gains the full meaning of what's being said and makes the other person feel heard and understood.

Nowadays every person in a developing society has come to understanding how vitally important is the ability to speak a foreign language fluently. The ability to communicate effectively in a foreign language is primary important now in the period of globalization. It is very hard for many students to start and participate in a conversation, understand the person and respond in English. It is like a person loses the ability to speak. A lot of experts from European countries in the field of teaching methodology and psychology (L. Vigotskiy, G. Kitaygorodska, E. Dadayan, L. Litvinova, E. Nosenko, N. Yakovleva, C. Rogers, A. Maslow, J. L. Soars, J. Henderson) state that the effectiveness of acquiring a foreign language significantly depends on the psychological readiness of a person to learn and use a foreign language and a person's desire to believe in his/her capabilities to speak a foreign language [1; 2].

Effective foreign communication skills play a crucial role in honing one's personality. Communication helps individuals to express themselves in the most convincing way. People with great communication skills tend to have a better and impressive personality than those who have problems in communicating as interacting with others is not a challenge for them. Individuals with effective communication skills can easily converse with other people around be it their fellow workers, peers, family and so on [1].

Aim of the research is to investigate a foreign language communicative competence and its impact on personality's development.

Results of the research. 84 students from different specialties of 2nd and 3d courses of college 'Osvita' of University 'Ukraine' (Kyiv) took part in the study. We used such research methods as: observation, interview, questionnaire interviewing, the author's method of determining the level foreign language communication, the method of expert assessments to determine the communicative competence and the impact of foreign communication on the personal development.

The communication in foreign languages is one of the eight key competencies defined by the European Reference Framework. It consists in the ability to understand spoken messages, to initiate, sustain and conclude conversations and to read, understand and produce texts appropriate to one's individual needs. A positive

attitude involves the appreciation of cultural diversity and an interest in and curiosity about languages and intercultural communication [4].

It was important for our research to establish the levels of development of respondents' components of foreign language communicative competence in order to influence the personality development process. Unfortunately, the coefficient of performance and the quality of knowledge of the respondents testified to the initial level (<0.7) of their foreign language skills. Most of the surveyed high school students answered that the main psychological problems that cause anxiety during the foreign language lesson are low self-esteem (68.4%), problems with self-regulation of their own negative emotions (47.1%) and interpersonal conflicts (22.1%).

We determined that foreign language communication competence is an integrative personality formation that has a complex structure and emerges as the interaction and interpenetration of cognitive, sociocultural and educational-activity components. The degree of formation of these components allows exerting foreign language communication. So; 45.7% of students said that a reason that prevents them from speaking a foreign language is a psychological factor. We can state that 87.7% of students are excited about foreign language lessons. This factor depends on the personality. If a student is shy and lacks confidence, these qualities will interfere with his or her foreign language communication. The high level of excitement typical for 25.4% of students, 9.4% of them evident even fear.

Almost half of the students (47.1%) are accompanied by negative emotions or indifference to communication in foreign languages. This is a consequence of the ineffective educational process in general education institutions and is a barrier for students' self-development, expression of their abilities and opportunities to learn a foreign language.

So, we can say, that foreign language communication competence is an effective means of personal formation. This type of competence promotes the development of personality traits, increases the level of interest in mastering a foreign language. The foreign language communication competence allows you to engage not only the consciousness of the personality, but also his feelings and emotions [4].

Conclusions. Knowing a foreign language is one of the most important competencies today. In addition to English, which is considered the common language of the globalizing world, many people develop themselves in the second and third foreign language.

The communicative competence is considered as a factor of personal development in the process of effective mastering of foreign languages. The foreign communicative competence is a recent notion and there is no clear consensus about what it is. Sometimes this term is referred to as global competence, international competence, multicultural competence, and so forth. Being able to communicate effectively is one of the most important life skills to learn. The foreign communication is defined as transferring information to produce greater understanding. We have also identified that a significant factor in mastering foreign languages is motivation, which can have a decisive impact on the success of foreign language learners.

Literature

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